

September 2010



Dyersburg City News

"We're here for you"

Vol. 5 Issue 9

MARCH FOR BABIES

SEPTEMBER 25, 2010

Come out and join us on Saturday, September 25 to walk with us in the March of Dimes "March for Babies". We will start the walk at 11:00 a.m. You can walk a mile, two miles, or three miles – it doesn't matter how much you walk – we just need your support!

Money raised for this event supports the March of Dimes mission to give every baby a healthy start. It is used to fund important research and community programs that help moms have full-term pregnancies and babies begin healthy lives. These walks have been conducted since 1970 and an incredible \$1.8 billion has been raised to benefit all babies—preventing birth defects, premature birth and infant mortality.

Dyer County raised \$32,015 last year and \$34,977 in 2008.

Dyer County has an infant mortality rate of 11.2 percent in comparison to state rate of 8.8 percent.

In Dyer County, between 2003 and 2006, the average rate of preterm birth was 15.5 percent – also higher than the state average!

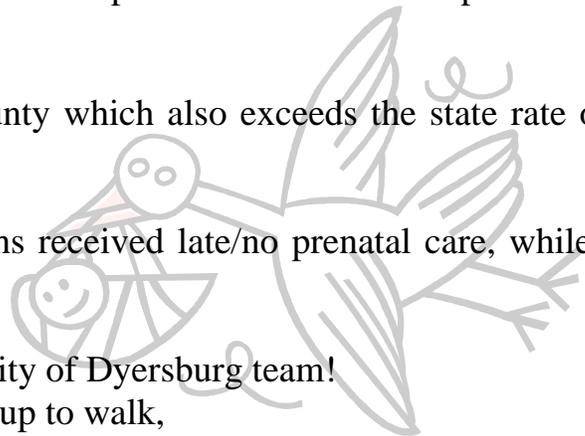
Low birth weight averages 10.5 percent in Dyer County which also exceeds the state rate of 9.6 percent.

6.9 percent of women in Dyer County with live births received late/no prenatal care, while 18.7 percent received inadequate prenatal care.

We need your support for our City of Dyersburg team!

If you'd like to sign up to walk,

please see Sue Teague in Human Resources.



MAYOR'S OFFICE

On Tuesday August 31st, the City of Dyersburg was awarded a transportation enhancement grant in the amount of \$663,940 for Phase III of the Court Square – Farmers Market Connection. The project is located on the North and South Mill Avenues and will continue improvements to the downtown and courthouse areas of Dyersburg. The project includes the addition of nearly 800 feet of new sidewalk and pedestrian improvements at two busy intersections. A new pedestrian connector will cross the railroad tracks to link the Farmers Market along the Forked Deer River. The project also includes the planting of new landscaping and trees along the corridor and new period specific lighting that will replicate the lighting that existed in Dyersburg during the 1920's and 30's. The goal of the project is to create a safer environment for pedestrians and further enhance the appearance of the downtown district.

A very special thanks goes out to a group of dedicated volunteers who have worked tirelessly this past year on the 2nd annual Big River Bowl. This group known as Team Dyersburg is to be commended for their efforts in planning and preparing such a great event for our community. This game was played Saturday August 28th at Dyersburg High School and featured the McKendree University Bearcats and the University of the Cumberlands Patriots. McKendree won the game 34 – 27 on a 40 yard pass play with only 17 seconds left in the game. It was an outstanding football game and I heard many compliments from the coaches, players and fans. Great job Team Dyersburg !! I would also like to thank the Kiwanis Club and the Rotary Clubs of Dyersburg for assisting with this event. Also to those that sponsored, contributed, worked or supported this endeavor, your contribution is greatly appreciated.

There are many events taking place in September, please look for these and participate when you can. I am personally excited about the opening of the 63rd annual Dyer County Fair. The fair will open on September 6th and this year's theme is "A Tradition We Treasure." Each city employee will receive a ticket for the vehicle drawing with this weeks pay stub. If you do not receive a ticket, please contact my office at City Hall. Also in September is the 12th annual Main Street Fall Festival. This will be held in Downtown Dyersburg on September 24th and 25th.

I appreciate each and every one of you. Stay safe and if ever I can assist you in any way, please let me know.

Sincerely,

Mayor John Holden





DYERSBURG FIRE DEPT. PREVENTION BUREAU



Talk to Your Child About Fire Safety!

Children learn by watching, listening, and doing. The fire safety habits you practice will help show your child how to be safe. Remember, children are very curious by nature. By removing fire sources and talking about fire safety, you can help your child understand how important it is to stay away from fire.

Many home fires are caused by matches, lighters and other heat sources. Children set a with matches or lighters. Bedrooms and closets are often secret places where children will play with fire.

Here are some things you can do to help teach your child about the dangers of fire and what to do in case there is a fire. Of course, you will use your judgment depending on your child's age. But, children as young as 3 can be taught to practice safe behaviors:

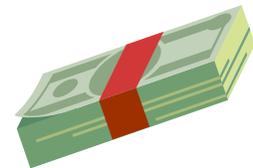
- **Talk to your child about fire:** Tell your child fire is dangerous, and that it could hurt her.
- **Let your child know how a smoke alarm sounds:** Allow him to hear it when you are testing it so he knows the sound and what it means.
- **Tell your child not to play with matches or lighters they may find:** Tell your child to tell you if she finds matches or lighters, or to bring them to you.
- **Show your child how to crawl low in case of fire:** Practice how to crawl low on all fours if there is a fire with a lot of smoke. Do not crawl on your belly.
- **Teach the stop, drop and roll technique:** If your child is old enough, practice this technique to put out fires that may get on clothes.
- **Practice your fire escape plan:** At least monthly, practice your family escape plan. Make it routine so that it won't be as scary if it has to be followed.
- **Tell your child not to hide in case of fire or if they see fire fighters:** Many young children hide when they are scared. By practicing with your child, he will be less afraid. Tell your child to not hide, and if they see fire-fighters not to run away. (It may be a good idea to show your child what a firefighting uniform looks like).

SAFETY AWARD WINNERS FOR JULY 2010

We are happy to announce the four (4) winners of the Safety Incentive Awards for the month of June. They are:



Timothy Scott Bruce – Police Dept.
Bobby Fair – Meter Reader
Michael Leggett – Police Dept.
Conell King –Wastewater Dept.



For the month of July, we had only one (1) recordable accident. That is a start in the right direction.

PLEASE --Remember to keep SAFETY foremost in your mind!

DO NOT GET HURT!!!!

NEW BLUE CROSS BLUE SHIELD DENTAL PLAN EFFECTIVE 09/01/2010

We sent out the new dental insurance cards last week. I hope everyone who signed up for the plan received your cards. If not, please contact Sue Teague or Dianne Gilliland in the Human Resources Department and we will get you one ordered.

And don't forget to show your new card to your dentist the next time you go so they can file with Blue Cross Blue Shield rather than Underwriters.

We apologize for the inconvenience of making this transition; however—remember this new plan will save you money because of the provider discount that the dentists will be required to take.

City Hall's Silent Auction Items For the March of Dimes as of 8-30-10 Bidding will close 4 pm Friday September 10th 2010

Shampoo Cut & Style *and* Tea Tree Special Shampoo & Conditioner by Paul Mitchell
for you take home!—Trimmers Hair Salon & Street Dept

Oil/Filter Change - Tim Castellaw

Car Wash - Pro Wash

Oil Change/Tire Rotation - Rick Hill

Oil Change/Tire Rotation - Lake Road Amoco

Curves - 1 month membership

Stainless Steel Vacuum Flask

Totes Lock "De-Icer" with Built-in Flashlight

3 Gallon Water Cooler – Tractor Supply

Wall plaque - "Happy Halloween"

Wall plaque - "Happy Fall Y'all"

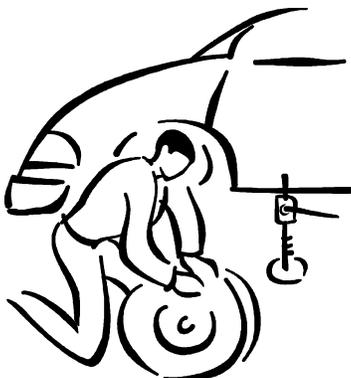
WubbaNub (baby pacifier attached to small stuffed animal) – CSquare Children's Shop

Table Lamp - Galleria

TN Mug - 1998 Champions

Will Rogers Bottle

Gas Grill Cover – Gas Department



Items continue to be added, please visit City Hall or check with Dianne Gilliland, 288-2540 to see or learn about the newest items. If you would like to contribute an item or service to this very worthy cause or if you would like to make a bid on an item contact Dianne.





“Smoke Alarms: A Sound You Can Live With!”

is NFPA’s official theme for Fire Prevention Week (FPW), October 3-9. If you’re wondering why NFPA, the official sponsor of FPW for nearly 90 years, is focusing on smoke alarms when most homes already have at least one, you've come to the right place!

This year's campaign is designed to educate people about the importance of smoke alarms and encourages everyone to take the steps necessary to update and maintain their home smoke alarm protection.

PUBLIC WORKS CONFERENCE ROOM GETS AN UPDATE THANKS TO MARK GRANT



Ryan Hicks,
striped shirt
and son of
Donna Hicks
Gas Dept

and

Eric Allen,
red shirt



install a
flat screen,
wall mounted
TV/monitor
to facilitate
presentations
in the
Public Works
conference room.





Governor Bredesen Announces Enhancement Grant for City of Dyersburg *Grant to Fund Improvements to Court Square*

NASHVILLE - Governor Phil Bredesen and TDOT Commissioner Gerald Nicely joined state and local leaders today to announce the award of a \$663,940 transportation enhancement grant to the city of Dyersburg for Phase III of the Court Square – Farmers Market Connection.

“This project presents a unique opportunity to promote safety, create visual appeal, and encourage pedestrian and bicycle traffic,” said Bredesen. “These improvements make downtown areas more accessible to residents and visitors and can have positive impacts on the local economy. I’m pleased the state is helping with this effort.”

“This area has just been named a National Scenic Byway by the U.S. Department of Transportation,” said Representative Craig Fitzhugh. “This project will help draw new visitors to the area and provide residents with a more livable community.”

A Letter to the Mayor

John;

I hope that all is well with you and yours. I just wanted to drop you a line and let you know that my brother Tracy and I played the municipal course Sunday after church. It had been probably six months since I last played the course play [there](#).

I want to let you know that I cannot believe the changes that have taken place at the city course. It has NEVER looked better. There was not one bad green on the course. The fairways were in especially good shape considering the dry and hot weather that we have had. The marshals as well as the staff at the clubhouse were extremely courteous and helpful. I do not know what has changed but KEEP IT UP! They are doing a great job! I look forward to playing again very soon!

I am sure that you often hear from citizens when things are going bad. I just wanted to let you know that whatever the changes that were made at the course have been very successful!

Have a blessed day!

Barry Eison
Melt Shop Maintenance Planner
Nucor Steel, Arkansas



Dyersburg Municipal Golf Course

The 18-hole “Dyersburg” course at the Dyersburg Municipal Golf Course facility in Dyersburg, TN features 6,592 yards of golf from the longest tees for a par of 71. The course rating is 69.7 and it has a slope rating of 118. Designed by Walter Poston, The Dyersburg golf course opened in 1955. Bobby Baker manages the course as the General Manager.

Fit Facts™

American Council on Exercise®

A WALK A DAY

The popularity of walking as a fitness activity is growing by leaps and bounds. Low risk and easy to start, walking has proved its health benefits in numerous studies.

A classic eight-year study of 13,000 people conducted at the Institute for Aerobics Research under the direction of Dr. Steven Blair found that those who walked the equivalent of 30 minutes a day had a significantly lower risk of premature death than those who rarely exercised.

A regular walking program can help:

- Reduce blood cholesterol
- Lower blood pressure
- Increase cardiovascular endurance
- Boost bone strength
- Burn calories and keep weight down

Get Ready

A walking program is simple to start. All you need are comfortable clothes and shoes. It is a good idea to layer loose clothing, keeping in mind that exercise elevates the body's temperature. Shoes specifically designed for walking are your best option.

Every workout should begin with a brief warm-up and a few simple stretches. Walk around the house or in place for a few minutes to get the blood flowing to the muscles before you attempt to stretch them. Although walking primarily works the major muscles of the legs, don't forget to stretch your back, shoulders and arms. This will help to loosen up any tension you may be carrying and make your walk more enjoyable, as well as more effective.

Get Moving

Beginning walkers can make their workouts less strenuous by limiting how fast and far they walk. Keep the following in mind:

- **Walk short distances**—Begin with a five-minute stroll and gradually increase your distance.
- **Forget about speed**—Walk at a comfortable pace. Focus on good posture, keeping your head lifted and shoulders relaxed.
- **Swing your arms naturally**—Breathe deeply. If you can't catch your breath, slow down or avoid hills.

Be sure that you can talk while walking—if you can't converse, you are walking too fast.

Get Fit!

Walking is one fitness activity that allows you numerous options. Once you have reached a point where you can walk a few miles with relative ease, you can start to vary the intensity.

Walking hills, in addition to increasing your cardiovascular endurance, is a great way to tone the legs. Concentrate on lengthening your stride or increasing your speed. And don't forget to reward yourself after each workout with a few minutes of relaxing stretches to help prevent sore muscles.

Listening to lively music while you walk is also a great way to energize your workout. But if you wear headphones, keep the volume down and watch out for traffic that you may not hear.

Keep track of your progress. Many experts recommend that you walk a minimum of 30 minutes a day, but there are no hard and fast rules. Fit walking into your schedule whenever you can. That may mean three 10-minute walks each day, or even hour-long walks two to three times a week. The best schedule is one that keeps you walking and keeps you fit!

Additional Resources

American Heart Association:
www.americanheart.org

WebMD—The Basics: Walking for Fitness and Fun: www.webmd.com/fitness-exercise/guide/walking-for-exercise

Mayo Clinic—Walking for Fitness: www.mayoclinic.com/health/walking/HQ01612

If you are interested in information on other health and fitness topics, contact: American Council on Exercise, 4851 Paramount Drive, San Diego, CA 92123, 800-825-3636; or, go online at www.acefitness.org/GetFit and access the complete list of ACE Fit Facts™



**Parks & Recreation
By Ricky Roberts**



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If you have should have any further questions please contact us at marketing@acefitness.org

Thank you,
American Council on Exercise

Citizens Police Academy

The Dyersburg Police Department is now accepting applications for Session 14 of the Citizen Police Academy. The Academy consists of four nightly sessions and two Saturday sessions over a six-week period.

Those selected are given classroom instruction as well as hands-on participation in activities from various divisions within the department. The sessions are taught by members of the department that gives participants a better understanding of how the department operates and shows why they do what they do.

Applications can be obtained from the department website: www.dyersburgtn.gov/police

A tab near the bottom of the welcome page will direct you to a link to download the application and either mail or fax it in to the address given. Dates for the academy are: Tuesday, Sept. 14, 6-9 p.m.; Tuesday, Sept. 21, 6-9 p.m.; Saturday, Sept. 25, 10-4 p.m.; Tuesday, Sept. 28, 6-9 p.m.; Tuesday, Oct. 5, 6-9 p.m. and Saturday, Oct. 9, 10 a.m.-2 p.m.

The graduation will include live demonstrations on the firing range by the department's SRT Team as well as firearms instruction and participation by class members. Those selected will be contacted and given further instructions as well as finalized dates and times on classes.

Applicants must be at least 18 years of age and live in Dyer County.

DPD Joins the West Tennessee Violent Crime and Drug Task Force Interdiction Unit

If you've been paying attention then most likely you've seen two city officers patrolling areas outside of the City of Dyersburg on I-155, Hwy. 51, Hwy. 412, and other areas throughout the city and county. The Highway Interdiction Unit also has a group of agents that work along Interstate 40 in West Tennessee.

These two officers were recently assigned to the West Tennessee Violent Crimes and Drug Task Force Interdiction Unit and have jurisdiction throughout West Tennessee, with emphasis on a daily basis within Dyer County. They're responsible for the investigation and interdiction of the illegal transportation of drugs into and out of the City of Dyersburg, as well as the interdiction of any type of criminal enterprises that operate within these boundaries. Our well wishes and support go out to the two fine officers selected for this assignment. K9 Officers Rusty Burrow and his partner K9 Hershey, and K9 Officer Shawn Crouch and his partner K9 Dell were selected to join the task force and were sworn in as special agents last month.

K9 Officer Shawn Crouch & K9 Dell



K9 Officer Rusty Burrow & K9 Hershey

Earlier this month K9 Officer Shawn Crouch entered his partner K9 Dell in a State wide competition in Nashville. Dell and Officer Crouch were competing against 60 K9 Officers across the State that included K9 teams from Metro Nashville, Shelby County Sheriff's Department, and other large agencies across Middle Tennessee. K9 Dell's ability to find narcotics and her performance landed her a high score of 99.7 which could also land her the title of Top Dog Award when all the Judges complete their scoring and assessments. We are very proud of Officer Crouch and K9 Dell for their outstanding performance and the hard work that

DPD Recognized as a State Accredited Agency

The Dyersburg Police Department was recognized as one of only four police agencies in the State of Tennessee for receiving the State Accreditation award. The award was presented last week to the department in Knoxville, Tennessee, at the Tennessee Association of Chiefs of Police annual conference. The Tennessee Law Enforcement Accreditation Program recognizes the department for their responsibility to their community and the citizens they serve and protect, and having embodied the best professional practices with integrity by proving their compliance with the Tennessee Law Enforcement Accreditation Program, and the Tennessee Association of Chiefs of Police.

Dyersburg Police Department has been recognized as an Internationally Accredited agency since 2000, where the department meets 463 standards that are set by CALEA, the Commission on Accreditation for Law Enforcement Agencies. The department will continue to maintain its CALEA certification in addition to the State Accreditation Program. Both programs require all police personnel to meet the standards set by the commission and requires on site assessments to ensure the agency is in compliance with the standards.

Welcome Back

We would like to welcome back Officer Sterlin Wright and Lieutenant Jeff Powers from their military deployment over seas. Off. Wright supervises the bike unit, and Lt. Powers is a 3rd shift supervisor in the patrol division. We are very thankful that both men have returned safely, and we are thankful for their service.

The DPD has a Face book page and we encourage you to visit and let us know what you think. The information provided includes our most wanted list, updates on crimes within in the city, upcoming meetings and crime or safety tips.

Happy 1st Birthday!



Weston Cole Sims
son of Amy (City Hall) and Eddie Sims.

SAFETY COMMITTEE

Committee Members

Keith Burns — Chairperson (Fire Dept.)
Tiffany Parker — Secretary (Water Plant)
Sue Teague — (Human Resources)
Conell King — (Waste Water Plant)
Kerry Owen — (Street Dept)
Michael Hunter — (Gas Dept)
Mike Kesterson — (Water/Sewer)
Kevin Joslin — (Codes)
Greg Williams — (City Hall)
Rickie Tidwell — (Police)
Lloyd Stewart — (Parks & Rec)
Brian Lucius — (Solid Waste)
Debbie Sanders — (EOC)
Mike Fisher — (City Shop)



If you have a safety concern, questions or ideas that you would like to discuss, please speak with your department head or with one of the committee members.

Community News.....

Farmers Market Video

Check it out!



www.youtube.com/watch?v=rIXp67kH1gw

WINGS OVER HALLS AIR SHOW

September 11th & 12th
Admission :\$10 at gate

See magnificent war birds fly in formation, maneuver through bombing and staffing runs and aerobatics from war bird owners and general aviation. Tribute to 65th anniversary of WWII and 9/11 victims. Featured airplanes B-17, AT-11, P-51, T-6, T-34.

The last air show in Halls was held in 2001, two weeks before the Sept. 11 terrorist attacks. This show promises to be spectacular!

Friends of the Library Kitchen Tour and Tasting Saturday October 9, 10:00a.m.-2:00p.m.

Featuring the Kitchens of

**Patricia and Bob Warren
Amy and Paul Perkins
Sherry and Keith Guthrie
Kathy and Jimmy Cooper**



**Advance: \$15.00
Day of Tour: \$20.00**

**Ticket Locations:
McIver's Grant Public Library
Friends of the Library
Dyersburg, TN**

**For more information call
(731) 285-3686 or (731) 285-5032**



Phi Beta Sigma Fraternity, Inc.

Nu Epsilon Sigma Graduate Chapter

3rd Annual Scholarship Golf Tournament



Saturday, September 4, 2010
Dyersburg Municipal Golf Course

12:00pm registration 1:00pm Shotgun Start

4 person scramble

\$200 per team (early registration) \$240 per team (day of event)

Your entry fee includes 18 holes w/cart, goody bag, and door prizes

Proceeds will go to a scholarship fund supporting local communities

(Make fees payable to Phi Beta Sigma/Nu Epsilon Sigma Chapter)

Plenty of door prizes, cash prizes, hole-in-one and putting contest prizes

Team Entry Information

Captain: _____

Member: _____

Member: _____

*Mulligans: \$10 for 2

Team Name: _____

Contact Phone: _____

Member: _____

Total Fees: _____

Total # of Mulligans: _____

Call (731)589-2341 or (731)676-3155 for information

Dyersburg Municipal Golf Course Upcoming Events



DYERSBURG POLICE DEPARTMENT
FRATERNAL ORDER OF POLICE
NICK BOND LODGE #18

13TH ANNUAL TOURNAMENT

HOLE SPONSORS: \$100.00

DATE: Saturday, September 18, 2010
TIME: 8:00 A.M. Shotgun Start
PLACE: Dyersburg Municipal Golf Course
COST: \$75.00 per team

2 Person Scramble
Longest Drive Contest Closest To the Pin Contest



For more information contact:
Roger Dudley @ 731-288-7660
Jim Joyner @ 731-288-7678
Monty Essary @ 731-288-7654
Chris Clements @ 731-285-1212
Dan Wilson @ 731-288-7668



Or any F.O.P member at the Dyersburg Police Department @ 731-285-1212

Lunch and Refreshments Will Be Provided
Several Nice Door Prizes
Proceeds to Benefit Local Charities
Thank You For Your Support



HAPPY EMPLOYMENT ANNIVERSARY

Mike Morgan—34 years
 Donald Holland—30 years
 Billy Williams—25 years
 Roger McBride—22 years
 Thomas Mullins—21 years
 William Danley—20 years
 Steven Isbell—18 years
 Kenneth Sollis—15 years
 William Price—13 years
 Gloria Spence—12 years
 Shane Anderson—10 years
 Mary Jo Hurst—9 years
 Sharon Windle—9 years
 Mike Dobis—8 years
 Erik Larson—8 years
 Bobby Dudley—6 years
 Pam Eskew—6 years
 Robert Gonzales—6 years
 Mason McDowell—6 years
 Kevin Patterson—4 years
 Bruce Swanner—4 years
 Charles Ketchum—3 years
 Russell Lindsey—3 years
 William Patton—3 years
 Dalton Cruz—2 years
 Jonathan Cupples—2 years
 Harold Hildreth—2 years
 Christopher Reeves—2 years

EVENTS & HOLIDAYS

- Board Meetings—1st & 3rd Monday of each month.
 To be placed on the agenda for a meeting you must call City Hall,
 286-7600 before noon on the Thursday before the meeting. The
 meeting can be viewed on channel 4. The agenda and minutes
 of the Board meetings are on the City's web site.
www.dyersburgtn.gov
- Lifeline Blood Mobile is at Dyersburg Electric the 3rd Thursday
 of each month from 10:00 am to 6:00 pm. Help save lives.
Give the gift of life, give blood.
- Dyersburg Municipal Golf Course—
 Every Wednesday at 9:00 am. 55 years and up.
 Play from Senior Tees.
- Sept. 4th—Phi Beta Sigma Golf Tournament
- Sept 6th—Labor Day—City Offices Closed
- Sept 6th—11th—Dyer Co. Fair
- Sept 11th—Patriot Day
 Wing Over Halls Air Show
- Sept. 18th—Fraternal Order of Police Annual Golf Tournament
- Sept 23rd—Autumn Begins
- Sept 24th & 25th—Main Street Fall Festival
- October 9th—Friends of the Library Kitchen Tour & Tasting

HAPPY BIRTHDAY

Jason Alexander
 Steve Anderson
 Jessica Luckenbaugh
 Lewis Norman
 Bart Williams
 Brian Lucius
 Joe House
 William Gable Jr.
 Kyle Reynolds
 Amy Sims
 Jeffery Powers
 Neal Hardin
 Mary Winstead

Carmen Cupples
 Susan Davis
 Donna Moore
 Fentress Posey
 Johnathan Cupples
 Billy Williams
 Preston Hill
 Deana Mosley
 William Tilley
 Betty Crosno
 Roger Dudley
 Tim Griffith
 Jessie Canada

NOTICE

If this newsletter was forwarded to you and you would like to receive your own copy each month, email pdamesworth@dyersburgtn.gov

If you no longer wish to receive this newsletter from the City of Dyersburg, email tparker@dyersburgtn.gov



**City of Dyersburg News
 Compliments of Mayor Holden**

**Editors: Tiffany Parker
 Penny Damesworth**

**Please contact us with any questions you may
 have or submissions.**

(Tiffany) 288-0724 or 288-7639 (Penny)